101 WAYS TO IMPROVE YOUR DOG’S BEHAVIOR

Eric R. Letendre
101 WAYS TO IMPROVE YOUR DOG’S BEHAVIOR

We believe that in order to have a good dog, you need to learn how to be a good dog owner.

When you learn to become a good dog owner, you will find that living with your dog is easier and a lot more fun!
1) Learn how to effectively manage your dog’s behavior, especially in your absence.

2) Use a crate when you cannot physically be there to watch your dog. Make sure it is big enough for your dog to move around in, and do not overuse the crate.

   Use the link below to watch a quick crate training video.
   [Crate Training Video]

3) When you are home, keep your dog in the room with you. It is extremely important to monitor his behavior at all times.

4) Using a baby gate is a great way to keep your dog in the room with you.

5) Keep a leash on your dog to help control him. If he gets on the furniture, use the leash to pull him off. If your dog steals something, you can step on the leash to prevent chase games.

6) Use a chain leash if your dog likes to chew on the leash. (You will need a leather or nylon leash for obedience training.)

7) When a baby gate is not available, secure the leash to something sturdy to keep your dog in the room with you.
8) There are two ways to exercise your dog – physically and mentally. Make sure you do both.

9) Take your dog for a daily walk. Dogs need to get off their property and explore their surroundings using their senses (sight, sound, and smell).

10) Make sure your dog gets aerobic exercise. Your dog needs to get his heart rate up and blood pumping. This also allows your dog to burn off pent-up energy.

11) Retrieving games are a great way for your dog to get aerobic exercise. (Note: Use two balls if your dog does not drop the ball on command.)

12) Playing Tug-o-War is a good way for your dog to get exercise and mental stimulation. Make sure you always win the game.

13) Go hiking. This is a great way for you and your dog to get close to nature, enjoy fresh air, and exercise.

14) On a hot day, there is no better way to exercise than swimming. Your dog stays cool and gets his daily dose of exercise.

15) After some physical exercise, make sure your dog receives some mental stimulation.

16) Your dog explores his world through his sense of smell. Allow your dog to sniff and investigate his surroundings with his nose.

17) Throw a handful of treats into your backyard. This loose form of tracking will keep your dog occupied.

18) A stuffed Kong® toy can provide hours of entertainment. Kong® toys are available at most pet stores. A Buster Cube is also a great way to give your dog a mental workout.
19) Stuff the Kong® with peanut butter or cream cheese and pack a few biscuits into it.

20) Teaching your dog some tricks is fun and stimulating for him.

21) Teach your dog to find treats around the house. Hide them behind and underneath the furniture.

22) Obedience training requires your dog to think and use her brain. Take five minutes each day to do some obedience training.
PART 3
STRUCTURE & LEADERSHIP

Use the link below to watch a quick leadership video.
Establish Yourself As The Leader Video

23) Dogs are social animals. They are also pack animals. In a pack, there is always a leader. Position yourself as the leader.

24) Position yourself as the leader in a non-physical manner by controlling the activities, resources, and needs of your dog.

25) The four most important things to your dog are social contact, playing, food, and sleeping. By controlling these activities, you position yourself as the leader.

26) Control Tug-o-War games. When playing “tug,” start and finish the game. The most important aspect of “tug” is to always win the game before putting the tug toy away.

27) Play retrieving games using two balls. Throw the first ball. When your dog returns, play with the second ball. Wait for your dog to drop the first ball, and only then throw the second ball for him.

28) Control your dog’s food by feeding twice a day.

29) Have your dog perform a five to ten second sit-stay before eating.

30) Don’t free feed. By feeding twice a day, you position yourself as the leader.

31) Whatever your dog doesn’t finish should be picked up and put away.

32) Only allow your dog on the bed if he is behaving well.

33) If your dog growls or refuses to get off the bed, do not allow him on it.
34) Secure a leash to the foot of the bed if your dog gets on in the middle of the night.

35) Get your dog his own bed.

36) Three to four times a week, check your dog’s eyes, ears, teeth, and tail.

37) Try to get your dog to voluntarily roll over onto his back. Do not force it.
38) Spend time hugging your dog. A hug is not a natural thing for a dog. In the wild, the only time a dog will get anything close to a hug is when they are getting ready to mate or fight.

**Kids love to hug dogs. Teach your dog to like hugs.**

39) Everything that we do with our dogs has an effect on their behavior. Training is motivating your dog to do something for you.

40) Whenever possible, ignore bad behavior such as jumping. Reinforce good behavior whenever possible such as sitting.

41) Reinforce behavior by using treats. Ask your dog to sit, and reward her with a tasty treat.

42) When you reward a behavior with something your dog wants, the chance of the behavior occurring again improves.

43) Using your dog’s toys is a great way to strengthen behaviors. Do not throw the ball until your dog performs a simple command like sit.

44) Redirecting behavior is a great thing to do. If your dog starts chewing, redirect the chewing to an acceptable object.

45) Punishment should be used sparingly. All things positive should come from you. All things negative should come from the environment.

46) Use a Gentle Leader™ to walk your dog.
47) A bad diet definitely affects behavior. Make sure you feed your dog a quality, premium food.

Use the link below to watch a quick video on dog food. 
[How To Choose The Right Food For Your Dog](#)

48) When choosing a food, read the label. Familiarize yourself with ingredients.

49) Choose a food that uses chicken or lamb meal as opposed to chicken or lamb by-products.

50) Foods are usually made with a corn or rice grain source. Corn can be difficult for some dogs to digest. Try a food with rice as the grain source.

51) Foods preserved with ethoxyquin, BHA, or BHT have been linked to cancer.

52) A food preserved naturally with Vitamin E or tocopherols is a better choice.

53) Garlic is a great herb to add to your dog’s diet. It is a natural antibiotic.

54) Cod liver oil is also great to add to your dog’s diet. It provides essential Omega fatty acids.

55) Supplement your dog’s food with a vitamin and mineral mix.

56) Take your dog to the vet for regular checkups.

57) If you notice a dramatic change in your dog’s behavior, make sure you have a thorough veterinary exam before hiring the services of a trainer or behaviorist.

Be sure your vet also tests for [thyroid problems](#).
58) Regular grooming is important. A good groomer will clean your dog’s ears, trim her nails, and look for any skin problems.

59) Some dogs need grooming more than others. Cocker Spaniel’s hair can become thick and matted. This can put your dog in great discomfort and expose his skin to water and moisture.

60) Keep your dog free from fleas and other parasites.

61) Vacuum your carpets and dog beds on a regular basis. A flea infestation will occur when the fleas reproduce and their eggs hatch in these areas.

62) It is important to take your dog off your property regularly. Many dogs go stir crazy by staying in a fenced in area for too long. Other dogs become frustrated, territorial, and may become aggressive.

63) Practice food exchanges with your dog, especially if your dog is becoming a resource guarder.

64) Practice exchanging a tasty treat for his favorite tennis ball. Give him the ball back after he politely drops the ball and eats his treat.

65) Socialize your dog. Dogs are social animals and need contact with humans and other dogs. See if your local obedience trainer offers a dog playgroup.

66) Take your dog to doggie daycare.
A survey of dog owners revealed that when asked what the biggest problems they experienced with their dogs were, they answered jumping, house training, coming when called, and chewing.

**JUMPING**

Use the link below to watch a quick video on jumping.  
[How To Stop Your Dog From Jumping](#)

67) Dogs, being social animals, will greet with enthusiasm. A good thing to do is ignore your dog when she jumps. Fold your arms, look away, and do not talk to your dog. Become a statue.

68) Reward your dog when all four paws are on the ground. Give a treat as soon as your dog relaxes and does not attempt to jump.

69) Do not back up when your dog jumps. Walk into him. Do a quick “cha-cha” step into your dog, knocking him slightly off balance.

70) Make sure you have a NO JUMP policy. Do not invite your dog to jump on you, and do not allow friends and relatives to permit your dog to jump either.

71) Teach young puppies to keep all four paws on the ground. Most jumping problems start when our dogs are small puppies.

72) Put a leash on your dog when guests come over. Step on the leash as your guests come toward your dog. This forces her to keep all four paws on the ground.
HOUSE TRAINING

73) Crate your dog when you cannot physically be there with her.

74) Make sure the crate is just big enough for your dog to comfortably lie down. If it is too big, your dog will relieve herself in one area and lie down on the other side.

75) Make sure you catch your dog in the act of going. Do not punish after the fact.

76) Immediately bring your dog outside, and reward her quickly after she has finished going.

77) Check your dog’s diet. Canned dog food may work like a laxative on some dogs.

78) Have a fecal and urine examine by a vet. Rule out any parasites. All physical problems need to be ruled out first.

79) When cleaning up any accidents in the house, make sure the cleaning products do not have any ammonia. Ammonia smells like urine to your dog, making him go in the same spot.

80) Teach your dog to give you a signal. Put a bell on the door and teach your dog to hit it for a signal to go out.

81) Teach your dog by putting a little peanut butter on the bell. When your dog touches the bell, immediately bring him outside. Your dog will quickly learn to hit the bell to go outside.

82) Use 50% white vinegar and 50% water to clean the scent. Another excellent product is Nature’s Miracle, found in most pet stores.

COMING WHEN CALLED

83) Your dog needs to develop a sense of freedom. Without that, your dog will never come.

84) Developing a sense of freedom can be done by bringing your dog to a fenced in ballpark or tennis court.

85) Use a long line. Attach a 50 to 60-foot long line to your dog’s collar. If your dog does not respond to your “come” command, use the line to guide your dog back to you.

86) Every time you command “come,” make sure you reward your dog for coming. Use treats, praise, toys, etc.
87) Never call your dog and then punish him. If your dog comes to you and then gets scolded, chances are that he will remember that the next time you call him.

88) Make coming when called a game. The more exciting you make the command “come,” the better the results.

89) You can make it exciting for your dog by getting his attention and running away from him. Dogs love chase games.

90) A fun game to play is the Spring Loaded Recall Exercise. Have a friend hold your dog’s collar. Get your dog excited and run away while your friend holds your dog. Face your dog and call “come,” at which point your friend lets go of the collar. Reward when your dog gets to you.

Use the link below to watch a quick recall video.
Spring Loaded Recall Exercise

CHEWING

91) Limit the number of toys you give to your dog. It is difficult for your dog to discriminate between his toys and your belongings.

92) Put peanut butter on your dog’s toys and bitter apple (found in most pet stores) on some of your belongings. Put the toys on the floor and let your dog learn to discriminate between his toys and your things.

93) Manage your dog’s behavior in your absence. Use a crate when you cannot physically be there to watch your dog.
94) Try to catch your dog just as he is about to start chewing, not after he has chewed.

96) Play Tug-o-War with your dog. Many dogs with chewing problems are very oral. Let them use their jaws and teeth on chew toys.

95) Exercise is always a great thing to do with your dog. You need to relieve pent-up energy that your dog stores throughout the day.

96) A great idea is to bring your dog to a doggie daycare, if possible.

97) Another alternative is to hire a pet sitter to come in during the day and take your dog for a walk.
98) Dogs have a physical and psychological need to chew. As a dog owner, you need to provide your dog with outlets so they can use their teeth and jaws in appropriate ways.

99) If your dog chews his nylon leash, try using a chain one.

100) Raw marrow bones are great for your dog to chew on. You can stuff them also.

101) Please spay or neuter your dog!

"STOP PRAYING THAT YOUR DOG WILL BEHAVE AND START TRAINING YOUR DOG USING A PROVEN SYSTEM THAT WILL PRODUCE RESULTS FAST!"

"Discover Little-Known Training Strategies to Quickly Teach Your Dog to Become Well-Behaved and Obedient... Without Spending Hours and Hours Training"

"COMMON PROBLEMS FACING MOST DOG OWNERS"

From the Desk of Eric Letendre

Dear friend:

I don't have to tell you how important a well-behaved dog is. If your dog jumps, steals, begs or doesn't listen to you, you know how frustrating and discouraging it is. You know what I'm talking about; when a friend comes over and your dog jumps all over him.

You get angry, you make excuses and you just wish your dog would listen to you and behave.

If that's the case, why isn't your dog listening to you?
Why doesn't your dog listen to your commands? Why doesn't your dog stop jumping when you ask? Why do you put up with the annoying behaviors that your dog does day in and day out?

No doubt that you have tried to train your dog. You have probably spent time and money trying to get your dog to stop doing certain problem behaviors. If that's the case (and I believe it is), why aren't you getting the results that you want?

In my humble opinion, there are two reasons why you're not getting the results you're looking for – the first one is

1. You tried different training methods but didn't get the results you were looking for.

And

2. You're frustrated and don't know who to listen to.

If you fall into the first category, you're not alone. You and a lot of other dog owners get ill when they think of the time and money they have spent trying to fix their dog's behavior problems. If you're like a lot of dog owners, you simply don't know who to listen to.

Do you

- Hate it when your dog jumps on your guests?
- Get tired of not being able to leave the kitchen because you know your dog will steal ANYTHING that you leave on the counter?
- Wish that your dog would just listen to you when you say "go lie down."
- Get embarrassed at how out of control your dog sometimes becomes?
- Wish your dog would come back when called
- Want your dog to hold the stay command no matter where you are
- Dislike the idea of using harsh training methods to bring your dog under control?

Or are you

- Tired of apologizing for your dog's bad behavior?
- Sick and tired of your dog ripping your arm out every time you go for a walk
- Irritated because you have no control over your dog's behavior?
If this describes you in the least bit, then the Dog Training Inner Circle was developed specifically for you. You see, the beauty of this program is that you can

"Teach Your Dog to Stop Jumping, Stealing, Begging and to Respond to Your Commands Without Spending Hours and Hours Training Your Dog"

Instead of relying on friends, family, or "other experts" to show you how to get your dog to behave, the Dog Training Inner Circle will show you how to get your dog to behave without you having to try and figure it out on your own.

Here is an unsolicited comment from a subscriber in Norway:

"Hello Eric,
I have read your articles and watched your videos since I started training my Rufus. I thought perhaps you might like to see what you're advice has done. The video was done when he was just 11 weeks. He is now 4 months old. Rufus always asks to go out to relieve himself.

He understands about 20 or so action commands including the all-important quick 'come'. I can easily walk him off the leash around my area. I briefly used the crate, but he quickly learned to go to the door. I have a number of friends who also have a dog as a member of their family. I can honestly say that Rufus is the most obedient, social, friendly and playful of them all. He's a genuinely happy dog, and I am a genuinely happy owner. So a big thank you to you and all your work for our best friends.
Kind regards,"

Ben Cox
Stavanger, Norway

In fact, the Dog Training Inner Circle will allow you to

- Never have to wonder if your dog will beg when you’re at the dinner table.
- Get your dog to sit politely when your friends and family come to visit.
- Get your dog to settle, relax and behave when someone knocks on the door and comes to visit.
- Stop your dog from stealing food off the counter forever.
- Give your dog the command "Go lie down" and watch as your dog goes to his bed and lies down.
- Be confident your dog will come back to you when called – even in distracting situations.
- Teach your dog to do a stay command for as long as you give the command.
- Teach your dog to sit, down and stay with verbal commands or hand signals.
- Train your dog to walk politely on leash regardless of other dogs or distractions.

Isn't that what a good behavior training program is supposed to do?

Remember, not all training programs are the same. From my long-time dog training experience, I've seen many training programs and have concluded that

"There Are Three Types of Training Programs, (1) Ones That Don't Work, (2) Ones That Bring Okay Results, and (3) Those That Have the Ability to Transform Your Dog's Behavior. Here's How to Tell the Difference"

The best dog training and behavior programs that have the power to transform your dog have these three characteristics:

1. It's easy. Let's face it, if it requires a lot of hard work, who wants to do it? You want your dog to behave but you don't want to spend a lot of time and money to train your dog. The best training programs don't rely on expensive training equipment and detailed instructions.

2. You get results fast. When you watch the videos, you'll see me working and getting results within minutes, sometimes seconds. In the begging video, you'll see how I get instant results and how I teach a dog to turn her head when I offer her a piece of food, no shouting, no harsh corrections.

These are simple and easy training techniques that a five year old child could do.

3. The training program has long term results. Dogs that love to steal food off the table learn to not do it when you are there. As soon as you leave the room, your dog knows that the coast is clear and jumps up on the table. You'll discover a unique method that will stop your dog from stealing forever.

With the videos in the Dog Training Inner Circle, you'll be able to...
"UNDERSTAND AND TRAIN YOUR DOG TO BEHAVE ON COMMAND!"

The reason you'll be able to do this is because the Dog Training Inner Circle is based on an innovative training and behavior system proven to work. A system is a process which produces results that are, (1) predictable, and (2) consistent.

"Clients that we have recommended to Eric Letendre have come back with nothing but great results."

Dr. Jim Lunig, DVM
Spinnaker Veterinary Clinic

I get excited about the Dog Training Inner Circle because it is based on my M.U.T.T. Method for behavior modification. Once you learn this method you'll be able to handle ANY behavior or obedience problem. It's an acronym that I developed to help dog owners with behavior problems and I am going to teach it to you. Here is The M.U.T.T, Method

M – Manage. Learn how to effectively manage your dog's behavior.
U – Underlying. Discover how to figure out what the underlying behavior is that is causing the problem.
T – Train. Train a new behavior the quick and easy way so that you can stop putting up with annoying behaviors.
T – Time.

And that's exactly what the Dog Training Inner Circle will show you. It will save you time, money and a lot of headaches.

"The Dog Training Inner Circle Contains the Most Unique, Unusual and Effective Training System Ever Assembled"

"With Step-by-Step Instructional Videos that Explain In Detail How to Deal with the Most Common Behavior Problems so You Can See and Hear How They Work Live"
"Here's What You'll Discover in the Dog Training Inner Circle..."

In the Dog Training Inner Circle videos, you'll see actual demonstrations of the training methods in action. You'll also get a step-by-step plan to follow to ensure maximum training results. It's as if you had me in the house with you helping you train your dog.

"Which One of these Behavior Problems Would You Like to Solve In the Next Few Days?"

- Jumping
- Begging
- Stealing
- Barking
- Digging
- Pulling on leash
- Not coming when called
- Peeing and/or pooping in the house

"Here Are Three Reasons Why You Will Not Find a Dog Training Inner Circle Like This Anywhere for Any Price"

Here are three reasons why the Dog Training Inner Circle is different than any other behavior training program that you've ever read, seen, or heard:

**Reason #1**—Most dog training programs teach you how to use a type of training equipment; choke, prong, or electronic collars to get results. The Dog Training Inner Circle is based on a proven system which does not rely on expensive equipment or difficult methods.

**Reason #2**—Instead of just telling you how a training system works – the Dog Training Inner Circle shows you actual videos that take you step by step through the training methods with your dog and how and why they work.

**Reason #3**—You won't find a more detailed collection of different, unique, and effective training techniques anywhere, for any price. It has taken years of hands on training to boil down and compile all the techniques that you get with this program. There isn't any other program like it.
"I thought my dog Kimmy was a candidate for canine ADHD before I met Eric. Now, she is well-behaved, obedient, and comes on command. She is also an American Kennel Club Canine Good Citizen. It is all due to the training she received with Eric."

Sara Arruda
Veterinary Technician, Anchor Animal Hospital

"When we first got our puppy, she was out of control. Eric's training course has helped us out tremendously, and most of all, gave us a better understanding of how our pup thinks. I was amazed that I could learn how to train my dog. Eric's training style brings understanding our out of control puppy to the forefront. Thank you Eric!"

Paula Ferrier & Family
Fall River, MA

"Eric Letendre's positive training course is incredible. Through the techniques that I have learned, I have achieved exactly what I wanted. I now have a dog that everyone loves and wants to be around. She is well-behaved and understands specific commands.

The training is fun for the dog and practicing is all about rewards. The best thing about the course is that it works."

Sally Schnieder
Newport, RI

"Here's Exactly What You Are Going to Receive When You Become A Member Of The Dog Training Inner Circle"

The Dog Training Inner Circle includes over 90 online video lessons. Each video lesson contains detailed explanations of different techniques to deal with common behavior problems – jumping, stealing, begging, etc.

When you play each video, all you need to do is sit back, listen and watch as you learn how to solve each problem or teach your dog a command.

You'll also see me working with dogs that have the exact same behavior problems in real life situations. There is no theory here, it is all hands-on, actual training going on in these videos.

**BONUS GIFTS**

A digital copy of my dog training book, The Amazing Dog Training Man - This is a different kind of dog training book. Most dog training books are boring and follow a cookie cutter format.
Pictures of how to do sit, down, stay etc. My book was written in story format that is interesting and informative. You WON’T be bored reading this book. **A $14.99 value**

**Access to my Ultimate Online Dog Training Course** - Complete six week course that walks you through teaching your dog obedience commands. You’ll discover the secrets to quickly and easily teach your dog Sit, Down, Stand, Stay, Come and Walk On Leash. **A $29.99 value**

**Access to my Good K9 Manners Program** - Finally put an end to all the annoying behavior problems that frustrate you. Video instructions on how to stop jumping, begging, stealing, barking and more. **A $39.99 value**

**A digital copy of my Weekly Dog Training Guide** - I know you’re all excited to start training. You watched the videos and are ready to go but you don’t know where to start. This is where the Dog Training Inner Circle training guide comes in. The training guide will help you along every step of the way. You'll be able to identify your biggest problems and how to tackle them. This is a unique guide that I normally only use when I am working privately with a client. **A $9.99 value**

**A digital copy of my Holiday Safety Guide** - In the Dog Training Inner Circle I’ve included my Holiday Safety Guide. The guide shares the tips that I have been recommending to my clients for years. Around the holidays, there are many different ways for your dog to get sick or injured. This handy little guide will point out what you need to look out for and the steps to take to make sure everyone has a safe and happy holiday season. **A $9.99 value**

**A digital copy of my guide to Reduce Shedding in 3-5 Days** - Do you know the biggest complaint among dog owners? It’s simple: SHEDDING! I wrote this report five years ago and it has become very popular. Groomers all over the country use this very same report in their businesses. The report shows you eight simple steps that you can follow to reduce loose fur all over your house. **A $9.99 value**

**All Seven Products Shown Below Are FREE With Your Membership In The Amazing Dog Training Man's Inner Circle!**

These seven gifts are worth nearly $155.00.
"What Would A Well-Behaved Dog Be Worth To You?"

- Has your dog ever destroyed something?
- Has your dog ever stolen food off the counter?
- Have you ever been angry when your dog jumped on a guest?

Suppose by this time next week your dog no longer stole food off the counter, no longer jumped on your guests, no longer chewed up your house. How much would that be worth to you?

What if your dog stopped stealing food off the counter and you didn't have to worry about your dog stealing the T-bone steak off the grill? What if your dog stopped chewing and destroying your furniture? Would that save you $20, $30, $50, maybe over $100?

That's why I've priced this program for only $37

If your dog stops chewing on the furniture and you don't lose the steak off the grill this program will have completely paid for itself. In other words, it will be free!

Let’s do a quick recap:

As a member of the Dog Training Inner Circle, you'll get seven FREE gifts, including my book, The Amazing Dog Training Man, as well as VIDEO seminars... and ALL of it is included when you're a member.

You'll also get total access to my article and video archive. There are dog training articles and videos here that you won't find anywhere else on the web...and I am constantly adding new, great dog training information weekly.

That's hundreds...soon to be thousands...of helpful dog training mini-lessons and insights available at your fingertips.
SO WHAT ARE YOU WAITING FOR?

To become a member of the Dog Training Inner Circle, simply click on the Join Now below and get instant access.

Once the payment process has been completed successfully, you will be taken to the registration page where you'll set up your username and password. Once that is done, you'll be taken immediately into the Dog Training Inner Circle, member's only website. And of course, you can always log in at any time by visiting this site and clicking on the Members Log In link.

After 20+ years of helping train thousands of dogs, I can confidently say with 100% assurance that the Dog Training Inner Circle is the most powerful training program you will ever invest in... bar none.

Not tomorrow. Not next week. TODAY!

All the best,

Eric R. Letendre

P.S. Make sure that you order on THIS PAGE ONLY!! Also, so that your service runs smoothly without interruption, your monthly membership renews automatically unless you tell us otherwise. Only $9.00 Per Month after the first 30 days!—Less than 30 cents a day!

Includes 7 additional FREE Gifts.